

October 2009

Garden Cafe Culinary Events

October is Breast Cancer Awareness Month

Sushi Bar

Thursday, October 8th Wednesday, October 14th
Wednesday, October 21st Wednesday, October 28th
Lunch Only

Stir Fry

Tuesday, October 6th Thursday, October 8th
Tuesday, October 13th Thursday, October 15th
Tuesday, October 20th Thursday, October 22nd
Tuesday, October 27th Thursday, October 29th
Dinner Only

National Healthcare Food Service Week: October 5th ~ October 9th, 2009

~ Monday, October 5th ~
Create Your Own
Stuffed Potato Bar
4:00pm – 7:00pm

~ Wednesday, October 7th ~
Caribbean Turkey Burger
Lunch Only

~ Monday, October 12th ~
Chicken Pot Pie
11:00am – 7:00am

~ Tuesday, October 13th ~
Monterey Jack &
Jalapeno Mac & Cheese
11:00am – 7:00pm

~ Thursday, October 15th ~
Harvest Feast
Presented by Dietetic Interns
11:00am – 7:00pm

October 19th ~ 23rd
Festival of Food
For 5 Days
Each day we will feature a dish
representing a different
nationality
Complimentary Tasting Available

~ Monday, October 26th ~
Tuscan Chicken Sandwich
Lunch Only

~ Tuesday, October 27th ~
Latino Heritage Month Celebration
Spanish Stew & Rice
11:00am – 7:00pm

Spread Hope, Share Love
Cookies are available for
purchase

~ Friday, October 30th ~
Halloween Special

Chef Gregory Dukes & Naomi Slue

Remember: Enjoy Shopping in our
UH – C-Level Gift Shop
Customized Gift Baskets available upon request
Monday ~ Friday / 9:00am – 6:00pm

The Garden Cafe Gold Card
Come to UH B153 & Sign up
Enjoy a 5% Discount with every transaction in our Retail
Venues



The Garden Café now accepts Visa
& Master Card at all Registers



awareness