

***ARE YOU READY
TO BE...***



UMDNJ'S
Biggest Loser?



Our autumn contest begins soon!

Contest starts Wed. Sept 16th and ends Wed Nov. 13th

First Weigh-ins: Sept 16th to 18th

Midpoint-Weigh ins: Oct 14th to 16th

Final Weigh-ins: Nov 11th to 13th

Weigh-ins at Bistro Café from 9am-2pm

Sign up in groups of 2 only!

*All winners will be announced November
18th and will receive a special gift!*

*Sponsored by the Clinical Nutrition Services Staff of the
Department of Food and Nutrition at
The University Hospital*

