

Maya Raghuwanshi, MD, MPH

Dr. Maya Raghuwanshi completed her Internal Medicine training from St. Peter's Medical Center - Robert Wood Johnson Medical Center in New Brunswick and her fellowship in Endocrinology, Diabetes and Metabolism from UMDNJ New Jersey Medical School in Newark. She went on to join the Faculty position at UMDNJ-NJMS, Endocrine Division of the Department of Medicine. She joined as Instructor and was promoted to Assistant and most recently to Associate Professor of Medicine. She served as the acting Division Director in Endocrinology from 2003-2004 and she is the Director of Diabetes Clinic. She enjoys teaching medical students, residents, endocrine fellows and colleagues. She has given numerous lectures on endocrine related topics at various hospitals in New Jersey. She is on the speakers list of the New Jersey Academy of Medicine. Twice medical students nominated her for Golden Apple award for being the best teacher.

She has done research and published extensively in the field of obesity, diabetes, lipids and hypertension. She has contributed significantly in reducing the cardiovascular complications related to diabetes by participating in "ALLHAT" which was recently published in JAMA and it changed JNC 7 guidelines for treatment of hypertension. She has recently received an international grant "Ontarget and Transcend" to improve the diabetic heart disease. She has served the community by teaching high school students about diabetes prevention and obesity reduction. Dr. Raghuwanshi has been involved in arranging symposiums on several endocrine related topics such as osteoporosis at Liberty science center, thyroid disorders, diabetes-related topics at many community centers, schools and churches. She has donated numerous hours for testing blood glucose, cholesterol and blood pressures in the community. She has taught nurses to prepare them for taking the certified diabetes educator (CDE) examination. She ran workshops for teaching glucose monitoring for diabetic patients. Dr. Raghuwanshi received Dean's Service Award for Community Service.

Maya Raghuwanshi received her MPH in Urban and Environmental Health on May 25th 2004 from UMDNJ, Rutgers and NJIT combined degree program. She was selected to give the Convocation Speech at the New Brunswick Hyatt on May 24th 2004. She has served as the President of the Student Government Association for School of Public Health. Maya Raghuwanshi was awarded into the Fellowship of American College of Physicians. She has been cited in Swathmore Who's who in 2004-2005. She has recently being named as a President for the American Association of Clinical Endocrinology-New Jersey chapter.