

Wahida Karmally, DrPH, RD, CDE

Wahida Karmally is the Director of Nutrition in The Irving Center for Clinical Research, Associate Research Scientist and Lecturer in Dentistry at Columbia University. She was Chairman of The Nutrition Committee of the American Heart Association (New York City Affiliate) and member of several AHA committees including Physicians' Cholesterol Education Program, Public Policy and Government Affairs, Women and Heart Disease, Preventive Cardiology and served on its board of directors for two terms. Wahida also served on the AHA (national) nutrition sub-committee and collaborated with NHLBI for the Latino and African American Initiatives. She teaches medical, dental and nutrition students, second year medical residents and has taught at New York University and Teachers' College and lectures frequently on nutrition. Wahida has a doctorate in Health Policy and Management from The Mailman School of Public Health at Columbia University and MS in Nutrition and Dietetics from the University of Madras, India and University of London, UK.

In addition Wahida is a Certified Diabetes Educator who served as a National Media Spokesperson for the American Dietetic Association (ADA) for 11 years (1993-2004). She is the theme editor for the ADA publication "On the Cutting Edge" (winter 2004) on Cardiovascular Disease and Diabetes. She is the leader for the 2004 hyperlipidemia evidence-based practice guidelines published by the ADA. Wahida serves as AADE liaison to the Nutrition, Physical Activity and Metabolism Council of AHA, has published in both scientific and lay literature and is interviewed frequently by national print and broadcast media.