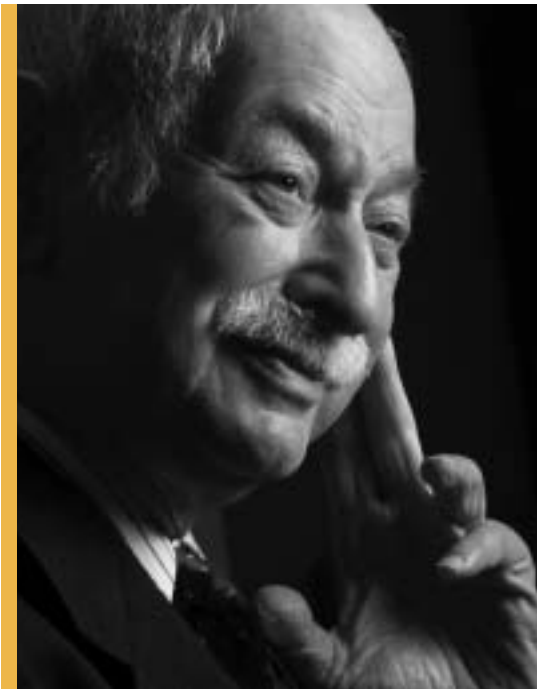




A Publication of **The Foundation of The University of Medicine and Dentistry of New Jersey, a member of the New Jersey Health Foundation**

Wallerstein Foundation Endows Senior Programs



Melvin Wallerstein

Every day, 10,000 baby boomers turn 50, and many of those who are now 50 years old will live 35 more years. That's why it has become increasingly more important for older individuals to work with specialists who can provide guidance on how to maintain healthy, active lifestyles.

To help seniors learn about aging issues and what they can do to stay healthy, the Wallerstein Foundation for Geriatric Life Improvement has pledged \$250,000 to establish the Endowment Fund to Support the Education Center at the School of Osteopathic Medicine (SOM) at the New Jersey Institute for Successful Aging (NJISA).

"Seniors don't always understand the medical implications of aging, or how to deal with memory loss," said Melvin Wallerstein, president of the Wallerstein Foundation, an organization that has been supporting health and human service programs for the aged in New York and New Jersey for 20 years. "I believe that holding social programs in community centers is a good way to educate the seniors of New Jersey."

NJISA will use funds from the endowment to provide community education programs on health and wellness, brain and memory enhancement, disease prevention, pain management and self-management of chronic diseases.

"The Wallerstein Foundation endowment could not have come at a better time. Funding for geriatric fellowships and geriatric education centers has recently been cut from the federal budget and the NJISA lost a considerable portion of its operating budget," explained Thomas A. Cavalieri, DO, director of NJISA and interim dean of SOM. "Private gifts from donors are more important than ever."

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Lifelong Dream Inspires Gift To Help Others

“I wish.” How many times a day do we find ourselves saying those two little words but never acting to realize that wish?



Dr. and Mrs. Timothy Arnold

Timothy Arnold, DO, a faculty member of the department of psychiatry at the School of Osteopathic Medicine (SOM) and chief of psychiatry for Kennedy Health System’s University Medical Centers, did act on his wish by saying “I will.”

Although he had attained master degrees in Microbiology and Psychology, Dr. Arnold still wanted to reach his life-

long goal of becoming a doctor. He spent 10 years at home raising his five children while his wife, Jane, established an executive career with Verizon. Then, when his children were in high school, Dr. Arnold applied for and was accepted as a student at SOM and later completed the psychiatry fellowship program. With Jane’s encouragement and his own dedication and determination, Dr. Arnold realized his dream in 2002 when he graduated from the program.

To help other mature students reach their own dreams of practicing medicine, the Arnolds recently gave a gift of \$25,000 to establish the Arnold Endowed Scholarship, designated for mature students attending SOM who demonstrate a financial need.

“We established this scholarship specifically for mature students who want to go to medical school but can’t because they can’t afford to go to school and support their families. Hopefully, this will help to alleviate some of the financial pressure and enable the recipient to get the full value of being in medical school. I am pleased that we can give back to SOM while helping students like myself,” said Dr. Arnold.

Dr. Arnold created his scholarship in response to the campaign at SOM to create alumni endowed scholarships. To date, Kenneth Nahum, DO, ’81 and Eric Seiger, DO, ’86 have also created endowed scholarships at the school.

To find out more about creating an endowed scholarship, contact June Hampson, PhD, vice president for development, at (856) 566-6300 or at hampsoju@umdnj.edu.

Generous Gifts Touch Hurricane Katrina Victims

Thanks to a generous gift of \$90,000 from The ShopRite Disaster Relief Fund, a component fund of the Community Foundation of New Jersey, and nearly \$6,000 from physicians who participated in the School of Osteopathic Medicine's Family Medicine Review Board and donated their honoraria, victims of Hurricane Katrina—therapists and the children of Mississippi, New Orleans and other Gulf Coast areas they treat— have benefited from critical mental health support.

Because research suggests that five percent of all children in the impacted areas will suffer Post-Traumatic Stress Disorder (PTSD) and other mental health disorders, one of the many issues facing Katrina-affected areas is the increased demand for therapists to meet this growing need. However, many therapists in these areas felt unprepared to help children with PTSD, a disorder that can become chronic and have life long negative effects. These generous gifts allowed staff at the CARES (Child Abuse Research Education and Service) Institute to organize and lead conferences to train supervisors and therapists in the Gulf Coast region of Mississippi about the best methods to treat PTSD and other disorders.

“ShopRite is pleased to provide a gift with a dual purpose: allowing the work of CARES professionals to be shared with others across the country while positively touching the lives of those affected by this tragic disaster,” said Mary Ellen Gowin, vice president, consumer and corporate communications of Wakefern Food Corporation.

The specific treatment model used, developed by Esther Deblinger, PhD, co-director of the CARES Institute, and her colleagues Drs. Judith Cohen and Anthony Mannarino, has been recognized by the US Department of Health and Human Services as a model therapy program to help children who have suffered abuse and other traumas.

“Thanks to these generous gifts, we can share our knowledge and training with our peers in the Gulf Coast region. Not only can we provide intensive skill training, but we offered consultation conference calls for eight months afterwards to support the newly-trained program leaders,” said Dr. Deblinger.

For more information on the Katrina Relief Fund or how to support the CARES training program, contact Farah Stith, director of development, at (856) 566-5072 or at stithfa@umdnj.edu.



*Dr. Esther Deblinger
with her award from
the U.S. Department of
Health & Human Services*

Scholarship Honors Beloved Faculty Member

A \$25,000 endowed scholarship established by the Cooper University Physicians will benefit students at Robert Wood Johnson Medical School-Camden while honoring a beloved faculty member who passed away last year.

The first Diane Barton, MD, Memorial Scholarship will be awarded in June 2007 to a Robert Wood Johnson Medical School at Camden student with financial need who has demonstrated a commitment to helping the underserved.

An additional \$12,500 was added to the endowment by the Foundation of UMDNJ through funds raised in past Southern New Jersey Annual Scholarships Golf Outings.

“Every medical student has a profound debt when they finish medical school,” explained Paul Mehne, PhD, associate dean for academic and student affairs at RWJMS-Camden. “This scholarship not only will help students defray some of those expenses, but will rightfully acknowledge a fourth year student who has a strong commitment to improving the health of the underserved. We are very grateful to the clinical chiefs at Cooper University Hospital for establishing this scholarship.”

Scholarship recipients will be selected by a faculty committee that will review essays submitted by students who wish to be considered for the scholarship.

For more information, contact Farah Stith, director of development, at (856) 566-5072 or at stithfa@umdnj.edu.

Wallerstein Foundation

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In addition to its community programs, the Education Center at SOM is nationally and locally recognized for its expertise in geriatric education, providing state-of-the-art interdisciplinary geriatric and gerontology education to prepare the healthcare workforce so that New Jersey's elderly can age successfully and independently in their own homes.

“I have donated to the Institute in the past and have seen how successful the Education Center's programs have been,” said Mr. Wallerstein. “This endowment will provide continuity for future programming.”

For more information about how you can support the New Jersey Institute for Successful Aging, contact June Hampson, PhD, vice president for development, at (856) 566-6300 or at hampsoju@umdnj.edu.

Celebrating A Legacy of Healthcare Advocacy

Former Senator Joseph A. Maressa has been a passionate supporter of the School of Osteopathic Medicine (SOM) for more than 30 years. In the 1970s, he helped found the school by sponsoring legislation that led to its creation.

Since that time, Senator Maressa has remained a vibrant presence, serving as a member of the UMDNJ Board of Trustees and the Dean's Advisory Board. He has also supported the school by establishing the Senator Joseph A. Maressa Endowed Scholarship, the first and one of the largest endowments at the school created by an individual to benefit SOM students.

To honor the senator for his commitment and dedication, at the 2006 Convocation the school bestowed its Medal of Excellence upon him. He is only the sixth person in the history of the school to receive this honor.

“Senator Maressa’s life has been dedicated to helping others and improving the lives of the citizens of South Jersey,” said Interim Dean Thomas Cavalieri, DO. “We are grateful to have such a champion in our midst.”

Senator Maressa is proud of his role in SOM’s creation and subsequent growth and development, and of his family’s commitment to building his legacy. His involvement has inspired his partner, Muriel Mansmann and his four children—Joseph Jr., Anthony, Jo Lynne and Julian (a doctor of osteopathic medicine)—to all support his endowed scholarship.

Because a demonstration of civic responsibility is important to the senator, one of the requirements for receiving the scholarship is that the recipients must be involved citizens who have participated in previous political elections.

“I feel strongly about helping young people starting out in medical careers. Students of this South Jersey school deserve every opportunity to realize their goals,” said Senator Maressa. “I hope to make endowed scholarships for SOM a popular concept among alumni and the business community. I’d like to know that the school will be supported well into the future.”

To find out more about how you can endow a scholarship at SOM, contact June Hampson, PhD, vice president for development, at (856) 566-6300 or at hampsoju@umdnj.edu.



(l-r) Senator Joseph A. Maressa and Interim Dean Thomas Cavalieri

Making a Difference in South Jersey



*David T. Gockel, PE, PP
President
Langan Engineering*

The School of Osteopathic Medicine (SOM) recently received a generous \$25,000 gift from Langan Engineering and Environmental Services to support programs offered by SOM.

More than strictly an institute of learning, SOM is dedicated to providing excellence in medical education, research and health care for New Jersey and the nation. An underlying emphasis on primary health care and community health services reflects the School's osteopathic philosophy. In addition, the School is committed to developing compassionate and culturally competent physicians from diverse backgrounds who are dedicated to becoming leaders in their communities.

"The mission of SOM resonates with our core values at Langan Engineering in that we strive to make a positive change in the communities where we work and live, and we are proud to support a school that focuses on both the student and the community. SOM offers so many worthwhile programs and to show our gratitude for all they do, we wanted to provide funding that can exponentially be used to help thousands of individuals," said David T. Gockel, PE, PP, president, Langan Engineering.

The School's largest institutes include The CARES (Child Abuse Research Education and Service) Institute, a joint program of the Departments of Pediatrics and Psychiatry, nationally recognized for its medical and mental health programs that help children and families overcome the potentially devastating effects of abuse and The New Jersey Institute for Successful Aging (NJISA), a nationally recognized leader in geriatric education and a unique center of clinical care for the elderly in South Jersey. For the past six years, *US News and World Report* has ranked it among the top 20 graduate programs in geriatric medical education in the nation.

Langan Engineering and Environmental Services, based in Elmwood Park, NJ, was founded as a geotechnical specialty firm in 1970. Langan has been involved in many large and complex projects located throughout the eastern part of the United States and attributes its growth to their highly trained employees who provide critical services in the civil engineering and environmental disciplines. Langan also uses its resources by volunteering its time and knowledge to many not-for-profit organizations.

To find out more about supporting SOM programs, contact June Hampson, PhD, vice president for development, at (856) 566-6300 or at hampsoju@umdnj.edu.

Chinese Delegation Tours CARES Institute

Representatives from three Chinese provinces visited the CARES Institute at the School of Osteopathic Medicine as they prepare to launch a trial program that will be the first, formal child protection system in China.

The CARES Institute is one of just two sites in America chosen by the United Nations Children’s Fund (UNICEF) and the International Society for Prevention of Child Abuse and Neglect (ISPCAN) as model programs that feature innovative programs for helping children recover from abuse, neglect and violence.

“Because China does not have a formal child protection system, this visit exposed these government officials to best practices and system designs required to address this huge challenge for their country,” said Martin Finkel, DO, co-founder and co-director of the CARES Institute. “We were delighted to be able to help this delegation obtain insight into these challenges.”

More than a dozen representatives from China visited the Institute. During the session, CARES Institute staff reviewed their unique multidisciplinary approach to providing state-of-the-art medical and mental health diagnostic and treatment services to children and their families. CARES staff members also discussed the challenges and evolution of child protective services in New Jersey, and the institute’s highly successful research program that has created evidence-based therapy models for children who have suffered abuse.

“Visiting CARES provided an opportunity for Chinese officials to see a comprehensive integrated model to deliver diagnostic and treatment services and its integration into the development of a child protection system,” said Kimberly Svevo, executive director of ISPCAN. “The CARES Institute is an excellent example of the groundbreaking and innovative medical and mental health programs serving children and families in the United States.”

To help support the CARES Institute and its groundbreaking programs, contact Farah Stith, director for development, at (856) 566-5072 or at stithfa@umdnj.edu.



Esther Deblinger, PhD (left center seated) and Martin Finkel, DO (right center seated) with the Chinese delegation and other CARES staff members who hosted the group

Golf Outing Supports CARES Institute

(l-r) Dennis Mockaitis, senior vice president, Joseph Jingoli & Son, Inc.; Martin Finkel, DO and Esther Deblinger, PhD, co-directors of the CARES Institute; Thomas Cavalieri, DO, interim dean of the School of Osteopathic Medicine and James Golubieski, president of the Foundation of UMDNJ



Joseph Jingoli & Son, Inc. was the tournament sponsor of the 2006 Southern New Jersey Golf Outing, with a lead gift of \$7,500. Thanks to the generosity of our sponsors, participants and contributors, more than \$33,000 was raised for the CARES (Child Abuse Research Education & Service) Institute to help children and their families overcome the trauma of abuse.



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