

BIOSKETCH

Lynn Clemow, Ph.D.

Interests: Psychosocial and behavioral interventions for hypertension and cardiovascular disease patients, social-learning based psycho-educational interventions for cancer patients and survivors, practice-based counseling interventions to assist patients with chronic conditions to improve medication adherence and make lifestyle changes to improve health.

Specialty: Clinical health psychology, stress reduction approaches to managing chronic conditions, patient counseling regarding health behavior and psychosocial issues using Motivational Interviewing and Social Cognitive approaches, treatment of anxiety and stress-related disorders.

Education/ Certifications:

B.A. – Smith College, Psychology

Ph.D. – Louisiana State University, Clinical Health Psychology

Clinical Internship – UMDNJ- Robert Wood Johnson Medical School

Board certification in Cognitive-Behavioral Therapy, American
Board of Professional Psychology

Licensed Clinical Psychologist: NJ, NY, MA

Current Positions and Appointments (half-time each) :

-UMDNJ – Robert Wood Johnson Medical School

Clinical Associate Professor of Family Medicine and Psychiatry

-Columbia University – College of Physicians and Surgeons

Center for Behavioral Cardiovascular Health & Hypertension

Department of Medicine, Division of General Medicine