

# Prepare for H1N1 Influenza and other Respiratory Illnesses

## EOHSS Train-the-Trainer Sessions *Learn How to Conduct Respirator Fit Testing*

If you provide care to patients with influenza or influenza-like illness (ILI), or are at risk of potential exposure to any respiratory pathogen as part of your work or studies, then you should be fit tested for an [N95 respirator](#) to protect yourself. The Department of Environmental and Occupational Health and Safety Services, (EOHSS) will be conducting Train-the-Trainer sessions to instruct staff on how to perform [fit testing](#) of N95 respirators. This training will be conducted in accordance with OSHA 29 CFR 1910.134 and the Interim H1N1 CDC Guidelines. The sessions will be held on the dates listed below.

All sessions will be from 9:30am – 2:30 pm. There will be a one hour break for lunch (on your own) during each session.

### Newark Campus

October 26, 2009 SSB 401A/401B  
October 29, 2009 SSB 401A/401B

### New Brunswick Campus

October 27, 2009 CAB 3403

### Piscataway Campus

October 26, 2009 UBHC D203

### Stratford/Camden Campus

October 29, 2009 AC 285



To participate, trainers must meet several pre-requisites. Trainers will not be permitted to participate in the session without the following:

- **Documentation of Medical Clearance for Respirator Use** - As part of the training, you will be fit tested. OSHA requires medical clearance prior to fit testing. Contact your [Campus Employee Health/Occupational Medicine Service](#) for assistance.
- **Purchase of a Fit Testing Kit** - There are several kits on the market. EOHSS recommends and orders from the company listed below. Using the same product will make the training easier. The final decision, however, is up to the Schools/Units. Enviro Safety Produces sells the 3M kit. Details can be found at <http://www.envirosafetyproducts.com/product/3M-Bitrex-Qualitative-Fit-Test-Kit.html>
- **Purchase of N95 Respirators** - Several N95 respirators in various sizes for training purposes must be purchased. These are the recommended N95 respirators:  
[North Safety 7130N95](#), [Kimberly-Clark PFRN95](#), and [3M™ Health Care Particulate 1890 N95](#)  
For information on purchasing these respirators,  
contact the Purchasing Department at 732-235-9000 or [purchasing@umdnj.edu](mailto:purchasing@umdnj.edu)

### Pre-Registration is required...

Register online at [https://bulwark.umdnj.edu/eohss/eohss\\_train\\_reg.cfm](https://bulwark.umdnj.edu/eohss/eohss_train_reg.cfm)

Select "Respiratory Fit-testing Train the Trainer" for your campus.

You will get an email confirmation of your registration.

For further information:

[www.umdnj.edu/flu](http://www.umdnj.edu/flu)



Newark (973) 972-4812  
Piscataway/New Brunswick (732) 235-4058  
Scotch Plains (908) 889-2486  
Stratford/Camden (856) 566-6189  
Website ♦ <http://www2.umdnj.edu/eohssweb>

