



Directory of Community Youth Services

The Directory of Community Youth Services was compiled by the Department of Urban and Community Development at UMDNJ for the purpose of developing a comprehensive list of community service programs provided by the University targeting young people. This inventory of community services will serve as a valuable resource of health and education related programs and services available to Newark's population aged 14 to 21.

Central Administration

Department of Human Resources

Youth Employment & Training Program

Through the Mayor's Office of Employment and Training (MOET) Youth Employment & Training Program, participants are placed at various work sites on the Newark campus. These economically disadvantaged Newark youths are between the ages of 14 and 21. The goals of the program are to promote proper work ethics; prepare them to make the transition from school to work; encourage them to stay in school and further their education; and help develop self-esteem.

Program Details

- ▶ Capacity: 65-100
- ▶ Transportation is *not* available
- ▶ Collaborators: City of Newark-Mayor's Office of Employment & Training (MOET)
- ▶ Languages Spoken: NA
- ▶ Age Range Served: 14 to 21
- ▶ Program Length: July and August, 9:00 am to 1:00 pm
- ▶ Meals are *not* provided
- ▶ Participant Requirements: Determined by place of residence, age and family income limits
- ▶ Registration/Application Deadline: Handled by MOET
- ▶ Program location: Newark

Contact

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UMDNJ-New Jersey Dental School

Decision for Dentistry

Decision for Dentistry is a program designed to introduce high school students to career options in the dental professions. Participants visit the school three times and engage in hands-on activities, observing student mentors in clinics, attending faculty presentations and the school's admissions symposium.

Program Details

- ▶ Capacity: 45
- ▶ Transportation is *not* available
- ▶ Collaborators: Newark Public Schools
- ▶ Program Length: Year-round
- ▶ Meals are provided
- ▶ Participant Requirements: N/A

▶ Languages Spoken: English only

▶ Age Range Served: 14-18

▶ Registration/Application Deadline: Open until maximum program capacity is reached

▶ Program location: Newark

Contact

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Website <http://dentalschool.umdnj.edu/decision/index.htm>

Gateway to Dentistry Program

Gateway to Dentistry Program is a two-week interactive program designed to introduce college students to the wide-range of career options associated with the dental profession, and to provide insight into dental student life. Students receive individualized admissions counseling, information on financial aid, in addition to participating in a variety of lectures, hands-on laboratory exercises and clinical observations.

Program Details

▶ Capacity: 60

▶ Transportation is *not* available

▶ Collaborators: N/A

▶ Program Length: June through January

▶ Meals are provided

▶ Participant Requirements: College transcript, letter of recommendation

▶ Languages Spoken: English only

▶ Registration/Application Deadline: Open until maximum program capacity is reached

▶ Age Range Served: 18-21

▶ Program location: Newark

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UMDNJ-New Jersey Medical School

Hispanic Center of Excellence MCAT

The seven-week MCAT Review Course targets Latino and other students from backgrounds underrepresented in medicine pursuing a medical career. This review assists students in preparing for all sections of the MCAT examination utilizing: traditional instruction methods, homework exercises, practice examinations and mock medical school admission interviews.

Program Details

▶ Capacity: 20

▶ Transportation is *not* available

▶ Program Length: Early June to late July

▶ Meals are *not* provided

▶ Collaborators: N/A

▶ Participant Requirements: Must have a GPA of 2.8 or greater and have an interest in preparing for a career in medicine

▶ Languages Spoken: English only
▶ Age Range Served: undergraduate students

▶ Registration/Application Deadline: March 15
▶ Program location: Newark

Contact

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Hispanic Center of Excellence
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Website http://cf1.umdnj.edu/education/special_programs/hispanic_center.cfm#top

Pre-Medical Honors Program

The Pre-Medical Honors Program is a nine-week course that is designed to attract promising high school students to medicine and the health sciences. The program is offered in the fall on Wednesdays from 5:45 p.m. to 9:15 p.m. Students are exposed to twenty, one-hour long lectures by professors from the New Jersey Medical School, as well as didactic sessions conducted by faculty members and medical students. Enrollees are invited to participate in a wide range of activities at our medical center, including elective courses such as basic life support, cardiopulmonary physiology, medical librarianship, and tours of our pathology laboratories and the trauma unit of University Hospital.

Program Details

▶ Capacity: 250
▶ Transportation is *not* available
▶ Collaborators: N/A

▶ Program Length: October through December
▶ Meals are provided
▶ Participant Requirements: Must be enrolled in high school and be considering a career in medicine or the health sciences

▶ Languages Spoken: English only
▶ Age Range Served: high-school students

▶ Registration/Application Deadline: October 1
▶ Program location: Newark

Contact

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Hispanic Center of Excellence Summer Youth Program

The Hispanic Center of Excellence Summer Youth Program is a six-week program that begins in June and ends in August. This program is for rising sophomores and juniors who are interested in science. During this period, students are exposed to the practice of medicine and basic scientific research, SAT preparation, CPR certification, anatomy instruction, participation in a research presentation, and visits to colleges. Career counseling and skills development are also provided for program participants to ensure academic success.

Program Details

- ▶ Capacity: 20
- ▶ Transportation is *not* available
- ▶ Collaborators: N/A
- ▶ Program Length: June through August
- ▶ Meals are *not* provided
- ▶ Participant Requirements: Must have a GPA of 2.7 or better, is a NJ resident, a U.S. citizen, and should be interested in preparing for a career in medicine
- ▶ Languages Spoken: English only
- ▶ Age Range Served: high school sophomores and juniors
- ▶ Registration/Application Deadline: April 19
- ▶ Program location: Newark

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Students for Medicine and Dentistry

The Students for Medicine and Dentistry program (SMDP) is a six-week academic enrichment program that begins in early June and ends in late July. Students are assigned various courses that provide them with the basic foundation in the sciences. The courses offered include MCAT review course, organic chemistry, physics and anatomy and physiology. Since not all participants are assigned to every course, students can participate in SMDP more than one summer. In addition, the science curriculum is coupled with seminars on the “key ingredients essential to success in the health professions” in the form of academic skills, exposure to role models, the interview process, and exposure to the clinical and research environment.

Program Details

- ▶ Capacity: 25
- ▶ Transportation is *not* available
- ▶ Collaborators: N/A
- ▶ Program Length: June through July
- ▶ Meals are *not* provided
- ▶ Participant Requirements: Must have a GPA of 2.8 or better, must be a NJ resident, and the student should be interested in preparing for a career in medicine or health related professions
- ▶ Languages Spoken: English only
- ▶ Age Range Served: undergraduate
- ▶ Registration/Application Deadline: March 15
- ▶ Program location: Newark

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Summer Medical Education Program (SMEP)

SMEP is an enrichment program for students who aspire to a career in medicine. The curriculum has been carefully designed to enhance the academic and personal skills required to succeed in medical school. This is accomplished by providing opportunities for the development and practice of critical thinking skills, problem-based learning skills, self-assessment and MCAT preparation. This is complimented by an opportunity to engage in sessions devoted to the delivery of healthcare to diverse populations.

Program Details

▶ Capacity: 125

▶ Transportation is Available

▶ Collaborators: The Robert Wood Johnson Foundation

▶ Languages Spoken: English only

▶ Age Range Served: undergraduate

▶ Program Length: June through July

▶ Meals are provided

▶ Participant Requirements: Must have a GPA of 3.0 or better, should be interested in preparing for a career in medicine

▶ Registration/Application Deadline: March 15

▶ Program location: Newark

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UMDNJ-School of Public Health**Brownfields Minority Worker Training Program**

Since 2001, the Office of Public Health Practice has received funding from the NIEHS Center for the Brownfields Minority Worker Training program. Through this program, unemployed and underemployed residents of Newark are recruited and provided with twenty-two weeks of training. UMDNJ partners with the NYC District Council of Carpenters-Labor & Technical College to facilitate the program. Twenty to thirty students are recruited annually who, over the course of a four-day period, are provided with a series of training sessions on asbestos and lead, and participate in a 40-hour course on hazardous waste operations and air monitoring. The program

pays for New York and New Jersey worker licenses for the respective programs. The remainder of the time focuses on life skills development. The program has an 80-90 percent employment rate.

Program Details

- ▶ Capacity: 20-30
- ▶ Transportation is Available
- ▶ Collaborators: NY City District Council of Carpenters-Labor and Technical College
- ▶ Languages Spoken: English only
- ▶ Age Range Served: 18 years and older
- ▶ Program Length: January through May
- ▶ Meals are provided
- ▶ Participant Requirements: Must be 18 years and older and must be a resident of Newark.
- ▶ Registration/Application Deadline: September through November
- ▶ Program location: UMDNJ Piscataway campus and New York City District Council of Carpenters-Labor and Technical College

Contact

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UMDNJ-School of Health Related Professions

Nurse Midwifery Program

The Nurse Midwifery Faculty Practice provides full-scope Obstetrical/Gynecological services to the Newark and nearby communities. These services include well woman and gynecological care to adolescent and mature women; pre-conceptual visits; maternity services including labor, birth and postpartum; and family planning.

Program Details

- ▶ Capacity: unlimited
- ▶ Transportation is *not* available
- ▶ Collaborators: N/A
- ▶ Languages Spoken: Spanish
- ▶ Age Range Served: across the life span
- ▶ Program Length: Ongoing, 24-hour coverage at UH
- ▶ Meals are provided
- ▶ Participant Requirements: N/A
- ▶ Registration/Application Deadline: None
- ▶ Program location: Newark

Contact

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Newark Therapy Services

Newark Therapy Services provides the highest quality physical and occupational therapy services to students with special needs to achieve maximum function and participation in education environments and to improve each client's quality of life with an ultimate goal of community integration.

Program Details

- ▶ Capacity: Determined by School Child Study Teams
- ▶ Transportation is *not* available
- ▶ Collaborators: Newark and Paterson Public Schools
- ▶ Languages Spoken: Spanish
- ▶ Age Range Served: 14-21
- ▶ Program Length: Ongoing; Monday-Friday, 8:30 a.m. to 3:00 p.m.
- ▶ Meals are *not* provided
- ▶ Participant Requirements: N/A
- ▶ Registration/Application Deadline: None
- ▶ Program location: Newark

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Pre-College Program

The UMDNJ Pre-College program's goal is to assist each student in building a solid academic foundation that will serve as the pathway to a successful professional career. The Pre-College Program at UMDNJ-SHRP is a member of the Consortium for Pre-College Education in Greater Newark which is a cooperative agreement between Rutgers-Newark, NJIT and UMDNJ and the school districts in Newark, East Orange, and Irvington, providing a variety of after-school, Saturday and six summer academic enrichment programs for students in grades 7 to 12. The Consortium aims to expose students to a college experience at an early age and prepare them to enter the college of their choice.

Program Details

- ▶ Capacity: 180 (high school freshmen and sophomores)
- ▶ Transportation is *not* available
- ▶ Collaborators: NJIT, Rutgers-Newark school districts in Newark, East Orange and Irvington
- ▶ Languages Spoken: Spanish (the Consortium has an ESL component)
- ▶ Age Range Served: 14-18
- ▶ Program Length: During the summer, 6 weeks; and 20 Saturdays during the school year
- ▶ Meals are provided
- ▶ Participant Requirements: N/A
- ▶ Registration/Application Deadline: Applications must be completed before the start of the program.
- ▶ Program location: Newark

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Reducing Stigma by Meeting and Learning from People with Serious Mental Illness

This unique program offers 45-90 minute speaking presentations to high school and college classes and other community groups (e.g. youth clubs, parent/children partnerships, churches, etc.) who are interested in learning more about mental illness. Presentations cover psychiatric illness and the abilities of people to recover, live independently and work. The goals of the presentations are to increase awareness, reduce stigma and increase access to treatment and services in the community. Speakers are adults with psychiatric disabilities (who are living and working and have varied personal stories) in addition to a faculty moderator. There is ample time during each presentation for questions and answers. Presentations also include a Power Point slide show and informational handouts.

Program Details

- ▶ Capacity: varies
- ▶ Program Length: varies; determined by needs of requesting group
- ▶ Transportation is *not* available
- ▶ Meals are *not* provided
- ▶ Collaborators: Collaborative Support Programs of New Jersey (CSP-NJ)
- ▶ Participant Requirements: N/A
- ▶ Languages Spoken: English only
- ▶ Registration/Application Deadline: varies
- ▶ Age Range Served: 13 to adult
- ▶ Program location: statewide

Contact

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Health Science Careers Program

The Health Science Careers program is to provide School-to-Career preparation for multiple health careers through a core curriculum that emphasizes science and the human and organizational elements of health care. Program participants also have the opportunity to earn college credit and take part in the clinical experience. The Program offers a carefully sequenced composite of college-level, interdisciplinary, general health care, communication, and sciences coursework during the junior and senior year of high school. Combined, the clinical shadowing component of the program, the potential to earn college credits, and a curriculum that provides a broad-based exposure to sciences, communication, and problem solving skills meet the needs of future health professions.

Program Details

- ▶ Capacity: No limit
- ▶ Program Length: September through June
- ▶ Transportation is Available
- ▶ Meals are provided
- ▶ Collaborators: None
- ▶ Participant Requirements: None

- ▶ Languages Spoken: English only
- ▶ Age Range Served: 15 to 18 years
- ▶ Registration/Application Deadline: September
- ▶ Program location: Scotch Plains

Contact

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Website <http://healthcareers.umdnj.edu/index>

Educational Opportunity Fund (EOF) Summer Program

The Educational Opportunity Fund (EOF) sponsors a six-week summer program for educationally and economically disadvantaged individuals who are pursuing professional training in an undergraduate program at SHRP. The program is designed to enhance and strengthen the student's skills in the areas of Anatomy and Physiology, Mathematics, Chemistry and college survival strategies. Eligible students receive a stipend and free books.

Program Details

- ▶ Capacity: 15-20
- ▶ Transportation is *not* available
- ▶ Collaborators: None
- ▶ Program Length: June through August
- ▶ Meals are *not* provided
- ▶ Participant Requirements: None
- ▶ Languages Spoken: English only
- ▶ Age Range Served: 18 years and older
- ▶ Registration/Application Deadline: May 15
- ▶ Program location: Newark

Contact

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Website

http://shrp.umdnj.edu/current_students/shrp_oss_eof.htm#top

University Behavioral Health Care

Crisis Services and the Advantage Program

Crisis Services and the Advantage programs focus on helping both adults and children that are currently faced with a mental health crisis. The Advantage Program serves adults only and is an acute, partial hospital program. The goal of this program is to help stabilize patients who are currently in need of an acute level of care. It is a four-week program that meets from 8:45 a.m. to 2:45 p.m. daily. Crisis Services, which is contained in the same unit services both adults and children. Patients that are seen in the Crisis Unit are in need of immediate stabilization of their acute mental health symptoms. The patients are seen by a clinician and many times by the staff psychiatrist. After being seen, a plan is developed to help the patient to determine the need for the next level of care.

Program Details

- ▶ Capacity:
- ▶ Transportation is *not* available
- ▶ Collaborators: None
- ▶ Languages Spoken: English only
- ▶ Age Range Served: 18 years and older
- ▶ Program Length: Year Round
- ▶ Meals are *not* provided
- ▶ Participant Requirements: Determined by place of residence, insurance coverage and symptoms
- ▶ Registration/Application Deadline: Ongoing
- ▶ Program location: Newark

Contact

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Children's Services Program at UBHC

General outpatient mental health services including: initial assessment, individual, family and group therapy; medication monitoring; partial hospitalization program.

Program Details

- ▶ Capacity: 700
- ▶ Transportation is Available
- ▶ Collaborators: NA
- ▶ Languages Spoken: English, Spanish And Portuguese
- ▶ Age Range Served: 3 to 18
- ▶ Program Length: Monday to Friday, 8:30 am to 8:00 pm
- ▶ Meals are *not* provided
- ▶ Participant Requirements: None
- ▶ Registration/Application Deadline: Ongoing
- ▶ Program location: Newark

Contact

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Violence Institute of New Jersey

Newark Do the Write Thing Essay Challenge

The Newark Do the Write Thing Essay Challenge is part of the National Campaign to Stop Violence program – which encourages middle school students to write about how youth violence has affected their lives. Student essays are then judged and one male and one female student winner are chosen. Newark winners then participate in an annual, all-expense paid meeting in Washington, DC with other national winners in July. All student winner essays are then bound and distributed nationally and enshrined in the Library of Congress.

Program Details

- ▶ Capacity: unlimited, usually 250 students participate each year
- ▶ Transportation is *not* available
- ▶ Collaborators: Newark Public Schools-Office of Extended School Day Programs
- ▶ Languages Spoken: English only
- ▶ Age Range Served: 13 to 15
- ▶ Program Length: December through June
- ▶ Meals are *not* provided
- ▶ Participant Requirements: Program is limited to middle school students in Newark
- ▶ Registration/Application Deadline: N/A
- ▶ Program location: Newark

Contact

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UMDNJ-School of Nursing

Francois-Xavier Bagnoud (FXB) Center

Annual Teen Summit

The Annual Teen Summit is an annual event organized by the family place of the FXB Center for at-risk youth. The objectives are to not only educate and inform youth about at-risk behaviors, but also to help them find practical ways to reduce their own risky behaviors.

Program Details

- ▶ Capacity: 150
- ▶ Transportation is *not* available
- ▶ Collaborators: community and faith-based organizations, youth transitional homes in Newark
- ▶ Languages Spoken: Spanish
- ▶ Age Range Served: 13-21
- ▶ Program Length: Usually first weekend in June
- ▶ Meals are provided
- ▶ Participant Requirements: N/A
- ▶ Registration/Application Deadline: Varies; dependant on date of program.
- ▶ Program location: Newark

Contact

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Website www.fxbcenter.org

UMDNJ-University Hospital

Emergency Medical Technician – Basic (EMT-B) Course

This course is designed to instruct students to the level of EMT-Basic, who serves as a vital link in the chain of the health care team. This program prepares candidates for certification according to the current New Jersey implementation of the USDOT National Standard EMT-Basic Curriculum. This course includes all skills necessary for the individual to provide emergency medical care at a basic life support level with an ambulance service or other specialized service.

Program Details

- ▶ Capacity: 35
- ▶ Transportation is *not* available
- ▶ Collaborators: N/A
- ▶ Languages Spoken: English only
- ▶ Age Range Served: 16 to adult
- ▶ Program Length: Tuesday and Thursday (7 p.m. – 10 p.m. and Saturday (9 a.m. - 5 p.m. for ten weeks)
- ▶ Meals are *not* provided
- ▶ Participant Requirements: must also sign an affidavit of no criminal background
- ▶ Registration/Application Deadline: Tuition fee \$550; Course qualifies for NJ Training Fund Reimbursement; must also sign an affidavit of no criminal background
- ▶ Program location: statewide

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